

## **Charitable Activities 2015/16**

Approved by the Board of Directors

29 July 2016

## **Executive Summary**

As a charity, St Andrew's Healthcare is legally required to demonstrate, on an annual basis, that its activities are aligned to its charitable objectives and that, where fees are payable, these do not act as a barrier to people of limited financial means accessing its services. An annual review is conducted and the findings presented in this report.

The Trustee Directors are pleased to confirm that they are satisfied that the majority of the Charity's activities fall within its charitable objectives, with any additional activities being immaterial and for the benefit of local communities and other charities.

In September 2014 the Charity was the first independent mental healthcare provider to be subject to one of the CQC's "new style" inspections. The Charity received an overall grading of "Improvements Required" with the Charity's services being rated as 'good' for the Caring, Effective and Responsive domains. During 2015 the Charity was re-inspected at our Birmingham and Nottinghamshire locations and the services are now rated as "Good" across all domains, reflecting the hard work in improving our patient offering. Our flagship Northampton site was inspected in June 2016 and although the formal report is not due until August 2016 we have received positive verbal feedback from the inspectors.

The Board has been augmented during 2015 with the creation and filling of new posts of Executive Director of Nursing and Quality and the new post of Non-Executive Clinical Director. These appointments have been made to ensure that the Charity's board and governance structures are able to respond to the needs and challenges of providing best quality healthcare.

In April 2015 the Charity launched its 5 year strategy to meet its vision of "Transforming lives by building world class mental healthcare services" which has been shared interactively and quarterly updates communicated with all employees to provide assurance that the Charity is on track to achieve its strategic objectives.

In relation to its in-bed services during 2015/16 the Charity provided residential care to a record number of 1,309 service users.

The Charity has continued to help individuals through its consultancy service and its community services, working with both the court services in Milton Keynes and with the probation service in London and the Thames Valley to provide a mental health assessment and treatment service to offenders. The Milton Keynes pilot has received significant Governmental acclaim and interest, and extended our reach to even more beneficiaries.

The Charity has continued to expand its teaching, research and academic work by assisting The University of Buckingham with the establishment of its Medical School and by the development of a Medical MBA, also with Buckingham, due to start in January 2017. The Charity published 33 papers and book chapters and staff made 84 oral and other presentations at professional conferences. The Charity also continues to invest heavily in the education and training of its own staff.

The Charity has also invested in its physical environment with construction nearing completion for a 110 bed adolescent unit which will encompass education and sports facilities within its structure and continued investment in upgrading existing facilities to meet current standards.

St Andrew's was placed by Stonewall in this year's Top 100 List of organisations nationally in its Workplace Equality Index. The Equality Index rates how organisations deliver equality for lesbian, gay and bisexual people in England.

The Trustees therefore confirm their belief that the Charity has met the public benefit test over the year 2015/16 and has the structures and services in place to continue to meet this standard.

**Tom Harris**  
**Interim Company Secretary**

## **PUBLIC BENEFIT REPORT 2015/16**

### **Introduction**

2015/16 has been another successful year for the Charity, with a further increase in the number of people receiving our care. The Charities Act 2011 requires us to audit and evidence on an annual basis that our activities fall within our Charitable Objectives. This report summarises the findings of the audit for 2015/16.

The primary objectives of the Charity are to promote the healing of sickness, the relief of suffering, and the meeting of the needs of those experiencing mental disorder, including psychiatric illness, developmental disability, brain injury and other mental disorders by:

- The establishment, acquisition and maintenance of residential institutions;
- The provision of community based activities and care appropriate to such needs; and
- The support, promotion and facilitation of research, education and teaching in the causes and treatment of such disorders.

For the purposes of the audit we have broken these down into 3 areas:

- 1. Residential Care**
- 2. Community Care**
- 3. Education, Training and Research**

The final section of the report summarises the activities that staff and service users have carried out to support the communities around our facilities and other charities that demonstrate a wider Public Benefit. We believe that supporting our staff and services users to help other organisations with similar objectives or local charities in itself benefits the wider society and helps our service users understand their role in the community and therefore assists their rehabilitation.

## 1 Residential Care

### a) *Residential Services and Service Users*

During 2015/16 the Charity has provided residential care to an average of 826 (792 – 2014/15) service users, finishing the year caring for 839 (824 – 2014/15) people. Due to discharges and admissions during the year, the Charity provided residential care to a total of 1,309 (1,243 – 2014/15) patients. The Charity also had a record number of discharges at 470, evidencing that our treatment plans are delivering benefits and aiding recovery. All of these numbers are new record highs for the Charity.

95% of our residential service users are funded by the NHS across England, Scotland, Wales and Northern Ireland, either through CCGs or Specialist Commissioners. Accordingly, there is no means testing to receive our services as care is provided on the basis of need as determined by professionals in public health bodies. A small number of service users are also funded, either entirely or partially, by the Charity to ensure their continuity of care. A list of our services and current beds is annexed to this report in Appendix 1.

The Charity views itself as a key partner to the NHS, providing either specialist services which the NHS does not have or by providing spare capacity. The Charity also prides itself on its ability to quickly adapt to meet new or increased needs.

In September 2014 the Charity was subject to a full CQC inspection of all of its services. St Andrew's was the first independent mental healthcare provider to be subject to one of the CQC's "new style" inspections which involved approximately 60 CQC inspectors across all of the Charity's sites for a week in September 2014. The Charity received an overall grading of "Improvements Required"; there were some areas where we were found to be non-compliant with regulations in the Safe and Well Led domains which resulted in a number of actions which we 'must do' and 'should do', all of which are now complete. The CQC did however find that no area was deemed to be inadequate or requiring enforcement action. The CQC rated our services as 'good' for the Caring, Effective and Responsive domains. In 2015 the Charity was re-inspected at its locations in Birmingham and Nottinghamshire with the services being rated as "Good" across all domains in both locations, a testament to the hard work in improving the Charity's facilities and patient services. The Charity's main site in Northampton was inspected in June 2016 and although the formal report is not due until August 2016 the verbal feedback has been encouraging. The last remaining site in Essex is due for re-inspection in September 2016 with anticipation that following a successful inspection the Charity's overall rating will be upgraded to "Good".

### b) *Improvements to the Environment, Sites and Facilities.*

The Charity has continued to make substantial investments in refurbishment of existing ward environments to meet the current requirements for secure and non-secure standards. A total of £11.3m was spent in 2015/16 in enhancing the patient offering in existing wards and it is anticipated that this level of expenditure will continue for the foreseeable future.

Construction has continued on a new 110 bed adolescent facility in Northampton, FitzRoy House, which is scheduled to open in late 2016. This new building will be the largest specialist secure adolescent facility in Europe, costing £45m.

Approval has also been given, in principle, by the Board for the construction of a new state of the art 76 bed Neuropsychiatry hospital in Birmingham, costing £32m, with construction due to start in late 2016.

Investment in upgrading our existing facilities and construction of state of the art new facilities is tangible proof of the Charity's commitment to providing world class environments for its patients.

## 2 Community Care

The Charity provides services to a number of people including its residential service users outside of its residential facilities. It provides this in a variety of ways, through its community arm 'Workbridge', through in-reach services into prisons and young offender institutes and via its dedicated consultancy services.

The aim of Workbridge is to provide a vocational experience pathway to enable its service users to recognise and achieve their full potential. The Charity commenced the construction of a significant expansion to its physical environment for Workbridge during 2015 which completed in July 2016 to facilitate a 50% increase in the engagement opportunities for service users.

During the year Workbridge has worked with 477 people of whom 356 are in patients at St Andrew's and 121 are service users from the community. It has offered 35,021 sessions in the year spread across 13 workshop areas offering an average of 700 sessions per week.

The workshops offered include;

- Catering
- Ceramics
- Contracting
- Horticulture
- Office Skills
- In-reach (wards)
- Workshop
- Workbridge Work and Social Programme
- WWH Light & Heavy Industry

Newly created this year as part of our expansion project are the Design and Print department and Coffee Shop sessions which have increased the vocational experience offered to service users.

In 2015/16 an average service user attending Workbridge met 75% of their personal goals.

Funding for the service comes from the Charity, Northamptonshire County Council, the NHS, personal budgets or other local residential care providers. None of those that attend are means tested and the services are provided based upon need and suitability. To support community service users to be able to access our services, we offer reduced rates for individuals, commissioners and care providers. We balance this with our belief that continued support and rehabilitation services will prevent deterioration in their mental health and leads to a more sustainable recovery.

The model of rehabilitation includes training opportunities for service users and in-patients. Training is bespoke and involves opportunity to obtain AQA awards to acknowledge progress made. As well as skills based training for specific areas of work, we now have in-house food hygiene training available, with full accreditation. Recent investment has also included the provision of a full-time employment support co-ordinator, offering individual coaching and support, including work skills, confidence building, CV and interviewing preparation.

The Charity also benefits from the support of 'Friends of Workbridge', an independent group which fundraises for the activities of Workbridge. Many of the 'Friends' are in fact employees of the Charity who volunteer in their free time. All fundraising goes directly towards the activities of Workbridge and has included new sales benches for the Garden Centre, a chiller cabinet for the Coffee Shop and a substantial contribution to the expansion of our Workbridge facilities.

Established in 2008, the Consultancy Service (CS) continues to grow and develop.

The CS provides a variety of medico-legal reports and advisory services by a number of professionals including psychiatrists, psychologists and social workers to external agencies. The fees charged are reasonable, remaining below the recommended rates of the Legal Services Commission, who authorise funding for legally aided cases and do not preclude any sector of the public. In addition, fees are reduced or waived for those in need such as those referred by other charities, asylum seekers, refugees and self-funders with limited means.

Despite the government capping legal aid rates during 2014/15 and continued austerity measures, the service completed 442 (686 – 2014/15) full medico legal reports in 2015/16.

The service also operates an outpatient clinic serving the local area, delivering training, lectures and promotion of mental health awareness to private and government agencies and a variety of audiences ranging from the general public to the judiciary. The primary purpose of these services is the relief of suffering of those with mental health needs and therefore falls well within our charitable objectives.

The development of outpatient services has also allowed us to offer therapy sessions at substantially reduced rates or for free by using our psychology trainees or staff training to secure qualifications in new therapies; such as Cognitive Analytical Therapy (CAT) or Eye Movement Desensitisation and Reprocessing Therapy (EMDR). In 2015/16 we conducted 1,497 (1,347 – 2014/15) outpatient and family assessments. Every year during May the Mental Health Foundation works to raise awareness of mental health and wellbeing issues through the Mental Health Awareness Week. The week helps generate public awareness and debate as well as highlighting how common issues such as low mood, anxiety and sleep deprivation can impact upon our mental health. St Andrew's was proud to support this through its free mindfulness sessions for both staff and the general public to equip them with mindfulness tools to help them deal with daily stress and anxiety. This event was also supported by the Workbridge Coffee Shop. During the year we supported Birmingham City CCG in providing Autistic Spectrum Disorders (ASD) Diagnostic Services for those that are more challenging or who have forensic histories. We are also working with the Youth Offending Service in Birmingham to target young people with PTSD as a consequence of suffering trauma within their lives.

The Charity continues to provide care to as many people in need as possible through its in-reach services. These services were provided at 14 children's homes and three young offender institutions. Our team of psychologists continue to provide supervision and mentoring of psychology staff providing care within these settings.

In addition, this year the Consultancy Service's education work stream expanded further into the private education sector with the new addition of the Royal Veterinary College as a client and an increased service level at Buckingham University. We are providing psychiatric and psychological in-reach through the organisation's pastoral care.

The Charity is helping to reduce re-offending rates through a unique clinical intervention. Working with the Courts, Thames Valley Community Rehabilitation Company and the Link Worker Charity P3, we are helping to reduce reoffending by delivering psychological treatments that address offenders' mental health needs that contribute to offending. This unique and highly successful Mental Health Treatment Requirement (MHTR) project is located at Milton Keynes Magistrates Court. MHTRs are little-used community court orders that offer offenders with mental health problems the option of a sentence in the community which enables them to engage with appropriate treatment and support.

In 2013/14 just one MHTR was made in Milton Keynes and 14 in the wider Thames Valley, but from January 2015 to June 2016 that number rose to over 90.

Since court and probation professionals vary widely in their knowledge of mental health issues and in their confidence in dealing with them, in 2015/16 the Charity delivered a successful programme of training on mental health awareness and assessment to more than 400 probation staff in London in preparation for the Transforming Rehabilitation project.

Transforming Rehabilitation (TR) is the name given to the government's programme for how offenders are managed in England and Wales from February 2015. The programme has involved the outsourcing of a large portion of the probation service in England and Wales. Services formerly provided by probation are now provided by 21 newly formed Community Rehabilitation Companies (CRCs) who assess and rehabilitate offenders post-sentencing. The Charity has competed and successfully entered into a three-year partnership with MTC Novo in London, the largest of the 21 CRCs.

Future CS projects include the establishment of a clinic providing an innovative, proven treatment for people with mild to moderate Alzheimer's disease. Repetitive Transcranial Magnetic Stimulation (rTMS) is a rapidly developing, safe, effective non-invasive and non-pharmacological treatment with minimal side effects that has been used for years to successfully treat a variety of mental disorders.

Numerous clinical studies at leading institutions have shown that rTMS can produce significant clinical improvement in measured cognitive abilities, thus offering new hope for relief of the suffering of a severely underserved population.

## **Education, Training and Research**

St Andrew's believes in the value of educational development, training and research for its patient's, staff and students and professionals in the wider academic environment.

### *a) St Andrew's College*

The Charity operates the independent St Andrew's College within its Northampton site, which has been registered with the Department for Education since January 2009 (DfE No. 928/6071). In November 2013 The College was inspected by OFSTED and judged **outstanding** for overall effectiveness and **outstanding** for all sub sections of the inspection. During 2015/16 there has been a further increase in the number of examinations being taken with more young people than ever having gained qualifications. This year has seen over 950 examinations being taken and the college is awaiting the summer series of examinations results in August.

The majority of the young people educated through the College would be classified as NEET (Not in Education, Employment or Training) and are in secure care. Many are 'Looked After Children' who have had disrupted and negative experiences of previous education.

During the academic year September 2015 to July 2016 the College provided education to 163 young people and employs 1 Head Teacher, 1 Lead Teacher, 20 fully qualified teachers, 7 Education Technical Instructors and 1 Education Assistant.

The College offers a broad curriculum with a variety of academic and vocational qualifications available (see Appendix 2). New qualifications have been added to reflect the changes to GCSE's at a national level.

Vocational opportunities have been further extended and embedded within the College to include work experience and work placements. These have included running a sandwich bar, creating and selling hanging baskets, running a Christmas shop and setting up a pop up ice cream parlour alongside placements at the Workbridge café, charity shop, the chapel and Tompkins. The College has also formed a successful partnership with Barclaycard which has enabled the young people to extend their work skills. This has resulted in a mobile shop being set up to give the young people the opportunity to practise skills such as using a cash till and developing customer service skills.

In addition to St Andrew's College the Adult Education Service employs 1 Lead teacher, 6 fully qualified teachers and 12 Education Technical Instructors. Across all our sites the adult service users are encouraged to undertake the education and vocational pathways, beginning with courses in literacy, numeracy and ICT.

Vocational opportunities have increased with 'work experience' programmes being offered, such as classroom and library assistants, and various posts offered in collaboration with our Occupational Therapy colleagues including Smyth House Shop assistants, kitchen assistants, Craft room, Physical Education assistants and horticulture assistants. Education staff work to enhance the patient education and vocational experience by supporting these work placements with employability courses. For example, a recent addition to the courses offered to support employability and vocational experience is the Level 1 Vocational Studies Certificate and Diploma offered by the National Open College Network (NOCN).

There has been an increase in resources to support the development of skills amongst our patients. We now have 6 fully operational Smartboards with 12 iPads also in regular use.

There has been a noticeable increase in the number of patients accessing education and a significant increase in the number of exams taken since last year. (Figures to date for 2016/17 are 256 nationally accredited exams, with a pass rate of over 85%, and 142 awards for commitment and motivation to study).

#### b) *St Andrew's Academic Department*

The Charity continues to develop its Academic Department as a thriving multi-institution collaborative, including agreements about educational and research activities with the University of Northampton, the University of Buckingham, the University of Cambridge and the University of Birmingham, with the aim of increasing research output and contributing to the postgraduate education of the mental health workforce. The core team currently comprises Dr Chris Griffiths, Research Manager, Dr Katina Anagnostakis, Associate Medical Director, Education and Training and Ged Rogers, Clinical Education Manager. A wider network of clinicians with visiting positions, and graduate students and clinical fellows also contribute to the Centre. Highlights of the Year include;

- The East Midlands Psychiatry Summer School. We hosted a highly successful Psychiatry Summer School in June, with colleagues from NHS Trusts across the East Midlands. 48 delegates attended, meeting patients and engaging in a range of workshops focussed on careers in mental health. Students remarked on the positive role models they met – as one student tweeted ‘Had the best time @STAHAcademic this week. Reignited my love for medicine. Thank you.’ We continue to receive positive feedback from nursing, allied health and social work students who undertake their placements with us. We are in the detailed planning stage for the Cambridge University medical students who join us in August.
- One successful CASC course took place in January 2016 with a second course planned for August 2016. The course feedback was excellent, 100% of delegates who completed the feedback questionnaire felt the course had been a positive learning experience in preparation for the actual exam.
- 3 presentations/symposiums at RCPsych Faculty of Forensic Psychiatry Annual Conference.
- 3 presentations at British and Irish Group for the Study of Personality Disorder (BIGSPD) Conference.
- Jane Shears, Head of Social Work presented research findings at the Joint World Conference on Social Work, Education and Social Development – ‘CRISIS! The Role of Social Workers in the Assessment of Young People in Mental Health Crisis’, ‘Is Child Protection and Adult Safeguarding Everyone’s Business?’ and ‘Mental Health and Mental Capacity Assessments: Social Workers making Best Interest Decisions.’
- Three successful students won the St Andrew’s Scholarship in Psychiatry which is offered to outstanding medical students, currently enrolled at a UK based university, who are interested in an elective placement in psychiatry in the UK or overseas. The students will undertake placements at Southmead Hospital in Bristol, Makunduchi Hospital, Zanzibar, Tanzania and at the New York Center for Children (NYCC) in New York.

The core Academic Team are currently working on a portfolio of research projects. St Andrew’s employees, including the Academic Team, have published a total of 33 (2014/15 – 41) papers and book chapters and made 84 (2014/15 – 107) oral and poster presentations at professional conferences during the year. In total 26 service users participated in ethically approved research projects in 2015/16; service users from all four sites were recruited. The team’s core projects are directly related to the objectives of the Charity. The team are also involved in a range of projects directly related to the care of service users including physical healthcare, medicines administration, and measuring and improving the therapeutic environment. We launched the Research Seed Fund Award in November as a first step towards building research capacity. We had nine applications and having reviewed and discussed these with applicants, we have agreed to fund five of these. Support is being provided in terms of developing clear research questions, identifying potential collaborators, paying for research materials and researcher time, working up proposals for potential external funding, identifying relevant



published literature, and in some cases identifying if students on the Birmingham Forensic Clinical Psychology Doctorate (ForenClinPsyD) course will adopt the proposals for their research projects. Professional groups represented by applicants include psychiatrists, psychologists, specialist speech and language therapists, chaplains, and nutrition and dietetics.

The Academic Team continues to work with Birmingham University to deliver the combined Clinical Forensic Clinical Doctorate for Psychologists and with the University of Northampton to deliver various levels of training to HCAs and Nursing staff. The team is also working with the University of Buckingham to establish its new medical school; St Andrew's will deliver the mental health component of the course to all undergraduate students. We will welcome our first group of medical students on their first mental health clinical placement in March 2017 and we are also jointly developing a Medical MBA. From August 2016 substantive placements for medical students from the University of Cambridge will commence to provide the 4 week psychiatry component of the course to year 5 medical students. Students will cover general adult psychiatry, CAMHS, old age psychiatry and spend time in outpatient clinics at the Consultancy Service. These will run in parallel to the 1 day placements in Forensic Psychiatry and 4 day graduate placements for Cambridge medical students.

The provision of training and education to medical trainees and undergraduate medical students is an integral part of being a Teaching Hospital; with a total of 179 undergraduate placements, 3 postgraduate special interest sessions, 4 post graduate substantive placements and 1 undergraduate non UK based student placement. St Andrew's has agreements to provide placements to over 15 universities and academic institutions including the University of Northampton, Cambridge University and the University of Buckingham.

A key focus of Academic Team activity is around the development of our staff as clinical educators; our contracts with HEIs and HEEM place requirements upon us to have appropriately selected and trained staff (as mentors, practice educators or educational supervisors). With regards to nursing 131 nursing staff have completed their mentor training, with 18 additional nurses currently completing training. As such, we were able to provide placements to 184 Nursing students and 54 Allied Health Students in 2015/16.

### *c) Staff Learning and Development*

To enable the delivery of excellent patient care 5,000 people including staff, external students, contractors, Mental Health Act Managers and volunteers, have accessed a wide variety of learning and development activities. Support spans over 450 different roles and 20 job families, most of which have legal and regulatory training requirements, alongside the need for on-going skill and continuing professional development (CPD) to meet the changing needs of our patients and maintain professional accreditation. Furthermore, learning activities support talented individuals to progress their career, helping to meet workforce planning needs.

The vast majority of training is accessed through a highly skilled internal delivery team and this year we have also introduced an 'iAcademy', which includes a growing range of over 100 self-directed online programmes, with over 2,000 modules participated in per month. Furthermore, over 1,200 individuals attended our high quality induction programme and all 3,200 staff received annual refresher training in key mandatory topics.

Alongside maintaining compliance in all areas of learning and development, throughout the last year we have focused on the following priority projects –

- The Positive and Safe culture change programme – creating an environment with zero harm.
- A Leaders Journey – a programme experienced by over 400 leaders with exceptional feedback.
- The ASPIRE programme – a career development programme for unqualified staff to become Registered Nurses, including 20 salary bursary's per year to widen participation.
- Talent Development – assessing and supporting the development of Charity leaders.

In addition to the recorded data, Learning and Development team members have also spent a large amount of their time facilitating informal ward based learning. Furthermore, a variety of individuals across the Charity continue to support the delivery of training, coaching and mentoring, sharing their valuable knowledge with peers.

In summary, quality assessment of learning remains high at 95%, and return on investment case studies positively demonstrate the impact of learning on patient care and the delivery of our strategy.

### 3 Charitable Services and Fundraising

The Charity actively encourages its staff and patients to get involved in supporting other charities and activities in the communities local to our facilities.

In 2015/16 each of our four sites chose a separate charity from its local area as a focus for fundraising efforts. The charities were:

- Northampton: Warwickshire & Northamptonshire Air Ambulance
- Birmingham: Birmingham Children's Hospital
- Nottinghamshire: CLIC Sargent
- Essex: Dogs Trust

Staff and patients took part in activities including abseiling, a sponsored silence, raffles and cake sales, raising a total of £8,739. Donations were also made to the charities for every staff survey completed, as an incentive to complete this important piece of research into employee engagement at St Andrew's.

The Charity promotes and encourages other fundraising across its sites by both service users and staff. Events supported during the year included MacMillan coffee mornings, Wear it Pink, and a Quadrathon for Mind. One team of employees cycled 420 miles in one week to visit all four St Andrew's sites, raising more than £2,400 for CLIC Sargent.

In addition, the Charity runs a scheme to allow staff paid time off to volunteer for other charities and supports staff in working for organisations, colleges or public bodies helping those with mental health needs. We are very proud that many employees volunteer to do other work within St Andrew's and continue this in their free time.

St Andrew's promotes the involvement of its professionals in other external bodies and works closely with all regulatory bodies and advisory bodies including the Quality Network of In-Patient CAMHS, Safeguarding Children Group and MAPPA.

In 2016/17 the Charity is replacing its Charity of the Year scheme with a new initiative called Helping Hands. All funds raised will be directed to important projects within St Andrew's to improve the patient experience. We will report on the outcomes of this approach in the 2016/17 Public Benefit Report.

# The UK's leading charity providing specialist NHS care

St Andrew's outstanding reputation for quality of care has been built up over 175 years. With over 900 beds in four centrally located sites across the UK, this overview provides information on our clinical services and comprehensive care pathways.

## Men's Mental Health

We care for adult men aged 18-65+ requiring secure or non-secure services for their mental illness. Our team of challenging behaviour and clinical experts provide comprehensive care pathways for the most complex and difficult to treat patients, reducing risks and addressing their forensic need.

Medium
Low
Locked
PICU



## Women's Mental Health

An established national service providing gender sensitive pathways for women aged 18+ with mental illness and personality disorders. Our comprehensive pathways include a psychosis plus and an older female service providing age appropriate care for mental illness, and a specialist Borderline Personality Disorder service delivering comprehensive Dialectical Behavioural Therapy.

Medium
Low
Locked
Open
PICU



## Learning Disability

Our learning disability service offers specialist treatment to reduce challenging behaviour and manage forensic needs. Our programmes are adapted to meet the needs of learning disability patients with a strong emphasis on supporting a move back to the community or to the least restrictive environment possible.

Medium
Low
Locked
Step down



## Autistic Spectrum Disorder

Since 2008 St Andrew's have provided a national secure service specialising in ASD for adults and adolescents, including those with Asperger's. Our multi-disciplinary teams have extensive knowledge and skills which enables them to provide patient centred care.

Medium
Low
Locked
Step down



## Adolescents

Our National Secure Service for Young People is the largest of its kind in the UK, leading the field in complex mental health, neurodevelopmental needs and autistic spectrum disorder. We offer a multi-disciplinary approach to assessment and treatment to assist our patients through our comprehensive care pathway.

Medium
Low
Open
transitional



## Neuropsychiatry

Our neuropsychiatry services deliver tailored care in specialist pathways for patients with Acquired Brain Injury, Complex Dementia and Huntington's disease, across 3 interwoven therapeutic streams (Behavioural, Cognitive and Functional). By reducing aggression and anti-therapeutic behaviour we can optimise engagement to achieve the correct balance of care and containment, from medium secure through to community-supported living.

Medium
Locked



## Community services

Our consultancy service offers independent, comprehensive mental health reviews and medico-legal reports as well as private therapy clinics. The Workbridge charity provides a vocational experience for people with mental health needs, learning disabilities and brain injuries, enabling them to achieve their full potential through teaching and teamwork.



## About St Andrew's:

- the UK's leading charity providing specialist NHS care
- sustainable not-for-profit growth, investing all surpluses in improved patient care
- investing in our people and our environments, dedicating £200 million over the last ten years to providing high-quality care settings
- major national secure services for young people, women, men and older adults
- in-depth expertise in trauma, personality disorder, psychosis, autism, learning disability, brain injury, complex dementia and Huntington's disease.



## Getting in touch

For more information about our [comprehensive care pathways](#) or to make a referral:

t: 0800 434 6690

e: [enquiries@standrew.co.uk](mailto:enquiries@standrew.co.uk)

w: [standrewshealthcare.co.uk](http://standrewshealthcare.co.uk)



### St Andrew's Northampton

Cliftonville  
Northampton  
NN1 5DG

t: 01604 616 000

### St Andrew's Birmingham

70 Dogpool Lane  
Stirchley, Birmingham  
West Midlands, B30 2XR

t: 0121 432 2100

### St Andrew's Nottinghamshire

Sherwood Avenue  
Sherwood Oaks Business Park  
Mansfield, NG18 4GW

t: 01623 665 280

### St Andrew's Essex

Pound Lane  
North Benfleet  
Wickford, SS12 9JP

t: 01268 723 800

We welcome text relay calls across all sites.

7\_0716 Individuals pictured are models and are used for illustrative purposes only.

A charity leading innovation in mental health

## Clinical services directory

Specialist care pathways leading to positive futures for all



## Men's Mental Health

### Mental Illness

#### Medium secure

Ward name	Location	Beds	Service description
Robinson	Northampton	17	Adult (working age) admission, assessment and rehabilitation
Cranford	Northampton	17	Older male (55yrs+) with co-morbid diagnosis admission, assessment and rehabilitation
Prichard	Northampton	15	Young adult transitional (18-25yrs) admission, assessment and rehabilitation
Fairbairn	Northampton	15	Secure forensic deaf service
Edgbaston	Birmingham	15	Admission, assessment and stabilisation
Hawkesley	Birmingham	15	Treatment and recovery

#### Low secure

Ward name	Location	Beds	Service description
Ashby	Northampton	16	Adult (working age) rehabilitation and recovery
Hazelwell	Birmingham	16	Enhanced low secure for severe challenging behaviour/complex needs
Northfield	Birmingham	16	Fast-track rehabilitation and recovery
Hurst	Birmingham	16	Rehabilitation and recovery
Lifford	Birmingham	16	Older male (55yrs+) forensic rehabilitation and recovery specialising in complex physical needs
Danbury	Essex	18	Adult (working age) admission, assessment and rehabilitation

#### Locked rehabilitation

Ward name	Location	Beds	Service description
Ferguson	Northampton	15	Enhanced rehabilitation and recovery for challenging behaviour
Foster	Northampton	15	Older male (55yrs+) rehabilitation

#### PICU

#### Locked

Unit name	Location	Beds	Service description
Sherwood	Northampton	12	Male 24-hour PICU for rapid stabilisation and mental health assessment
Audley	Essex	12	Male 24-hour PICU for rapid stabilisation and mental health assessment

### Personality Disorder

#### Low secure

Ward name	Location	Beds	Service description
Hadleigh	Essex	16	Admission, treatment and recovery (personality disorder/complex needs)

## Learning Disability

#### Medium secure

Ward name	Location	Beds	Service description
Hawkins	Northampton	15	Adult male admission, assessment and treatment
Thoresby	Nottinghamshire	14	Adult male admission, assessment and treatment (Therapeutic Community approach)
Sitwell	Northampton	13	Adult female admission, assessment and treatment

#### Low secure

Ward name	Location	Beds	Service description
Naseby	Northampton	15	Adult male admission, assessment, treatment and rehabilitation
Spencer North	Northampton	15	Adult female admission, assessment, treatment and rehabilitation

#### Locked rehabilitation

Ward name	Location	Beds	Service description
Watkins House	Northampton	6	Adult rehabilitation and recovery

#### Community step down

Ward name	Location	Beds	Service description
Winslow	Nottinghamshire	6	Adult, mixed, non-secure, single-person accommodation with bespoke care

## Women's Mental Health

### Mental Illness

#### Medium secure

Ward name	Location	Beds	Service description
Stove	Northampton	13	Psychosis plus (mental illness with co-morbid personality disorder) admission, treatment and rehabilitation
Sunley	Northampton	14	Admission, assessment and stabilisation (mental health/personality disorder)

#### Low secure

Ward name	Location	Beds	Service description
Sinclair	Northampton	15	Admission, stabilisation, treatment and recovery (mental health/personality disorder)
Elgar	Northampton	12	Older female (45yrs+) treatment for complex mental health problems and challenging behaviour
Moor Green	Birmingham	16	Admission, stabilisation, treatment and recovery (mental health/personality disorder)
Colne	Essex	16	Admission, treatment and recovery for complex needs (mental health/personality disorder)
Maldon	Essex	6	Admission, treatment and complex needs management

#### Locked/open rehabilitation

Ward name	Location	Beds	Service description
Thornton	Northampton	15	Treatment, rehabilitation and recovery

#### PICU

#### Locked

Unit name	Location	Beds	Service description
Frinton	Essex	12	Female 24-hour PICU for rapid stabilisation and mental health assessment

### Personality Disorder

#### Medium secure

Ward name	Location	Beds	Service description
Sunley	Northampton	14	Admission, assessment and stabilisation (personality disorder/metal health)
Seacole	Northampton	15	Admission, treatment and recovery

#### Low secure

Ward name	Location	Beds	Service description
Spencer South	Northampton	14	Specialist borderline personality disorder DBT treatment programme
Sinclair	Northampton	15	Admission, stabilisation, treatment and recovery (personality disorder/mental health)
Colne	Essex	16	Admission, treatment and recovery for complex needs (personality disorder/mental health)
Moor Green	Birmingham	16	Admission, stabilisation, treatment and recovery (personality disorder/mental health)

#### Locked rehabilitation

Ward name	Location	Beds	Service description
Hereward Wake	Northampton	12	Specialist borderline personality disorder, Comprehensive DBT treatment programme
Spring Hill House	Northampton	20	Specialist borderline personality disorder, Comprehensive DBT treatment programme

#### Open rehabilitation

Ward name	Location	Beds	Service description
Spring Hill House	Northampton	3	Specialist borderline personality disorder rehabilitation and recovery

## Autistic Spectrum Disorder

#### Medium secure

Ward name	Location	Beds	Service description
Mackness	Northampton	15	Adult male admission, assessment, stabilisation and treatment
Wollaton	Nottinghamshire	16	Adult male admission, assessment, stabilisation and treatment

#### Low secure

Ward name	Location	Beds	Service description
Harlestone	Northampton	20	Adult male admission, assessment, stabilisation and treatment
Speedwell	Birmingham	16	Adult male admission, assessment, stabilisation and treatment
Newstead	Nottinghamshire	16	Adult male admission, assessment, stabilisation and treatment
Rufford	Nottinghamshire	18	Adult male admission, assessment, stabilisation and treatment

#### Locked rehabilitation

Ward name	Location	Beds	Service description
Garden Cottage	Northampton	5	Adult male step through service

#### Community step down

Ward name	Location	Beds	Service description
Winslow	Nottinghamshire	6	Adult, mixed, non-secure, single-person accommodation with bespoke care

## Adolescent

### Mental Health

#### Low secure

Ward name	Location	Beds	Service description
Boardman	Northampton	12	Female acute admission, assessment and treatment
Heritage	Northampton	12	Female treatment, rehabilitation, recovery and discharge preparation
Richmond Watson	Northampton	12	Male acute admission, assessment and treatment
Nesbitt	Northampton	8	Male treatment, rehabilitation, recovery and discharge preparation

#### Open transitional

Ward name	Location	Beds	Service description
Billing Lodge	Northampton	3	Mixed pathway transitional care service

### Neurodevelopmental Disorder

#### Medium secure

Ward name	Location	Beds	Service description
Bayley	Northampton	10	Male admission, assessment and treatment
Heygate	Northampton	10	Male treatment, rehabilitation, recovery and discharge preparation

#### Low secure

Ward name	Location	Beds	Service description
Church	Northampton	10	Male admission, assessment and treatment
Fenwick	Northampton	10	Female admission, assessment and treatment

#### Open transitional

Ward name	Location	Beds	Service description
Billing Lodge	Northampton	3	Mixed pathway transitional care service

## Neuropsychiatry

### National Brain Injury Centre (NBIC)

#### Medium secure

Ward name	Location	Beds	Service description
Rose	Northampton	17	Male brain injury admission, assessment and neurobehavioural rehabilitation for challenging behaviour

#### Locked

Ward name	Location	Beds	Service description
Tallis	Northampton	15	Male brain injury admission, assessment and neurobehavioural rehabilitation including challenging behaviour
Tavener	Northampton	16	Male brain injury assessment and neurobehavioural rehabilitation
Althorp	Northampton	18	Male brain injury neurobehavioural therapy and slow stream transitional rehabilitation
Berkeley Close Ground Floor	Northampton	14	Female neuro-rehabilitation
Berkeley Close 1st Floor	Northampton	15	Male neuro-rehabilitation and community re-integration
Berkeley Close Lodge	Northampton	6	Transitional living unit/group living trial
37 Berkeley Close	Northampton	3	Male transitional living unit/group living trial
38 Berkeley Close	Northampton	2	Transition to supported living flats

### Complex Dementia

#### Locked

Ward name	Location	Beds	Service description
Compton	Northampton	18	Older adult progressive neurological conditions admission for cognitive decline/high dependency needs
O'Connell	Northampton	23	Older male progressive neurological conditions admission for cognitive decline/high dependency needs
Daniel Rambaut	Northampton	13	Male specialist dementia treatment and management of cognitive decline and challenging behaviour

### Huntington's Disease (HD)

#### Locked

Ward name	Location	Beds	Service description
Allitsen	High Dependency Northampton	5	Male admission for high dependency patients with complex behavioural and physical healthcare needs <b>NEW</b>
Walton	Northampton	14	Active care for complex males, supporting daily living skills and maximising cognitive function
Allitsen	Northampton	9	Continuing care for males with deteriorating cognitive, behavioural and physical health to optimise quality of life <b>NEW</b>
Harper	Northampton	11	Continuing care for females with deteriorating cognitive, behavioural and physical health to optimise quality of life

## Community

### Community integration

Service name	Location	Service description
Consultancy service	Nationwide	Independent medico-legal assessment and mental health reports
Consultancy service	Nationwide	Community bespoke packages and outreach support service
Consultancy service	Nationwide	Mental health and learning disability training, screening, assessment and intervention provision within the criminal justice field
Consultancy service	Northampton	Psychiatry and psychology private out-patient assessment and therapy clinics
Workbridge	Northampton	Vocational community pathway for people with mental health needs, learning disabilities or brain injuries

#### Key

Care entry point – patients can be admitted through these areas into the care pathway

## St Andrew's College Curriculum

Core Curriculum	
Basic skills in literacy, numeracy and IT English Mathematics Science ICT	Personal Development Citizenship Physical Education
Additional to the Core Curriculum	
Art TEACCH programme Go Lead in Sports Duke of Edinburgh Music Food Hygiene	Statistics Biology Physics Chemistry Business Studies Photography Food Technology
Qualifications Available	
GCSE A Level Functional Skills Level 2 Functional Skills Level 1 Functional Skills Entry level 1/2/3 CLAIT Plus Diploma New CLAIT Plus Certificate New CLAIT Certificate	Cambridge Progression Levels 1/2 Step Up Gold and Silver Entry Level Certificate Levels 1/2/3 Unit Awards National Award in Food Safety Duke of Edinburgh Gold, Silver, Bronze

**St Andrew's Academic Centre  
Publications by Month 2016**

<b>Authors</b>	<b>Title</b>	<b>Publication</b>	<b>Month Published</b>
<b>Zhang, R, Allen, P, Picchioni, M &amp; Toulopoulou, T</b>	Working memory in healthy relatives of patients with schizophrenia: a meta-analysis of fMRI studies	Schizophrenia Bulletin. Doi: 10.1093/schbul/sbv221	January
<b>Muhammad, G &amp; Faruqi, R</b>	Post-Traumatic Stress Disorder in the Aftermath of Wars, Conflicts and Terrorism: Co-Relation between Countries GDP and Prevalence of PTSD	Journal of Psychology and Clinical Psychiatry Volume 5 Issue 2	January
<b>Galappathie, N. &amp; Khan, S</b>	End-of-life care in psychiatry: 'one chance to get it right'	BJPsych Bulletin vol. 40 no. 1 38-40 DOI: 10.1192/pb.bp.114.049684	February
<b>Shead, J., Rose, J &amp; Scott, H.</b>	Investigating predictors and moderators of burnout in staff working in services for people with intellectual disabilities. The role of emotional intelligence, exposure to violence and self efficacy.	International Journal of Developmental Disabilities.	February
<b>Mallas, E J, Carletti, F, Chaddock, C, Woolley, J, Picchioni, M, &amp; Shergil, S.</b>	Genome-wide discovered psychosis-risk gene ZNF804A impacts on white matter microstructure in health, schizophrenia and bipolar disorder	PeerJ	February
<b>Robinson, L, Escopri, N., Stenfert Kroese, B. &amp; Rose, J.</b>	The subjective experience of adults with intellectual disabilities who have mental health problems within community settings.	Advances in Mental Health and Intellectual Disabilities. Vol 10, Iss 2, pp 106-115	March
<b>Alderman , N, Major, G &amp; Brooks, J</b>	What can structured professional judgement tools contribute to management of neurobehavioural disability? Predictive validity of the short-term assessment of risk and treatability (START) in acquired brain injury.	Journal of Neuropsychological Rehabilitation. DOI: 10.1080/09602011.2016.1158115	March
<b>C Oakley, S Harris, T Fahy, D Murphy &amp; M Picchioni</b>	Childhood adversity and conduct disorder: a development pathway to violence in schizophrenia	Schizophrenia Research April 2016 Vol 172, Issues 1-3, Pages 54-59	April
<b>O'Shea, L, Picchioni, M &amp; Dickens, G</b>	The Predictive Validity of the Short-Term Assessment of Risk and Treatability (START) for Multiple Adverse Outcomes in a Secure Psychiatric Inpatient Setting.	Assessment, April 2016. First Published Feb 2015	April
<b>Long, C G, Afford, M, Harris, M &amp; Dolley, O</b>	Training in de-escalation. An effective alternative to restrictive interventions in a secure psychiatric service.	Journal of Psychiatric Intensive Care. Vol 12 Issue 1 pp 11-18. April 2016	April
<b>Andre, J, Picchioni, M, Zhang, R &amp; Toulopoulou, T</b>	Working memory circuit as a function of increasing age in healthy adolescents: A systematic review and meta-analysis.	Neuroimage: clinical. Avail online Dec 11th 2015	In Press

## Publications by Month 2015

<b>Authors</b>	<b>Title</b>	<b>Publication</b>	<b>Month Published</b>
<b>O'Connell, Jackie &amp; Reffin, Carol</b>	Growing Up, Sex and Me.	Occupational Therapy News	April
<b>Sami, M B. &amp; Faruqi, R.A</b>	The effectiveness of dopamine agonists for treatment of neuropsychiatric symptoms post brain injury and stroke	Criminal Behaviour and Mental Health. Vol 25 Issue 2 pp 99-111. April 2015	April
<b>Long, C G, Dolley, O &amp; Hollin, C R</b>	Treatment progress in medium security hospital settings for women: changes in symptoms, personality and service need from admission to discharge	Criminal Behaviour and Mental Health. Vol 25 Issue 2 pp 99-111. April 2015	April
<b>O'Donoghue, Therese, Shine, J &amp; Orimalde, Olufunto</b>	Characteristics of referrals and admissions to a medium secure ASD unit	Journal of Intellectual Disability and Offending Behaviour	May
<b>L O'Shea &amp; G Dickens</b>	Predictive validity of the START for unauthorised leave and substance abuse in a secure mental health setting: a pseudo-prospective cohort study	International Journal of Nursing Studies. Volume 52 Issue 5 - May 2015	May
<b>O'Shea, L &amp; Dickens, G</b>	Predictive validity of the START for Aggression and Self-Harm in a Secure Mental Health Service: Gender Differences	International Journal of Forensic Mental Health Vol 14 Issue 2 2015	June
<b>Montenegro, Miguel</b>	Sexuality and diversity training in clinical psychology courses in the UK	Clinical Psychology Forum, June 2015 270. pp5-9	June
<b>Kerr, K J &amp; Beech, A R</b>	A Thematic Analysis of the Motivation Behind Sexual Homicide From the Perspective of the Killer.	Journal of Interpersonal violence. June 3rd 2015	June
<b>Long, C.G, Banyard, E &amp; Dolley, O</b>	Living with mental illness. A cognitive behavioural group psycho education programme with women in secure settings	Clinical Psychology and Psychotherapy Doi:10.1002/CP.1967	June
<b>O'Shea, L, Thaker, Dev-Kishan, G Dickens, Picchioni, M, Mason, F, Knight, C &amp; Dickens, G.L</b>	Predictive validity of the HCR-20 for violent and non-violent sexual behaviour in a secure mental health service	Criminal Behaviour and Mental Health	June
<b>A Buchanan</b>	Respect for dignity and forensic psychiatry	International Journal of Law Psychiatry	July
<b>Long , C.G, Siddique, R, Rigg, S, Banyard, E, Stillman, S, Bailey, S &amp; Dolley, O</b>	Screening for incontinence in a secure psychiatric service for women.	International Journal of Mental health Nursing, volume 24, Issue 6, 451-459 - December 2015 doi:10.1111/inm.1241	July
<b>N Hallett &amp; G Dickens</b>	De-escalation: A survey of clinical staff in a secure mental health inpatient service	International Journal of Mental Health Nursing, Vol 24 issue 4 August 2015	August
<b>C Gunenc, L O'Shea &amp; G Dickens</b>	Prevalence and predictors of verbal aggression in a secure mental health service: Use of the HCR-20	International Journal of Mental Health Nursing, Vol 24 issue 4 August 2015	August



<b>Long, C.G, West, R, Afford, M, Collins, L &amp; Dolley, O</b>	Reducing the use of seclusion in a secure service for women	Journal of Psychiatric Intensive Care 11(2), 84-94 DOI:10.1017/S174264641400017X	August
<b>Sanja Budisavljevic, Flavio Dell'Acqua, Frühling V Rijdsijk, Fergus Kane, Picchioni, M, Philip McGuire, Timothea Touloupoulou, Anna Georgiades, Sridevi Kalidindi, Eugenia Kravariti, Robin M Murray, Declan G Murphy &amp; Michael C Craig</b>	Age-related differences and heritability of the perisylvian language networks	Journal of Neuroscience	September
<b>Haw. C &amp; Hawton, K</b>	Suicide and Self-Harm by Drowning: A Review of the Literature	Archives of Suicide Research. Vol 20, Issue 2 2016. First published on line 11 Sept 2015	September
<b>Zyrianova, Yulia, Alexander, Lauren &amp; Faruqi, Rafey</b>	Neuropsychiatric presentations and outcomes in children and adolescents with primary brain tumours: Systemic review	Brain Injury Volume 30, Issue 1, 2016. Online November	November
<b>L O'Shea, M Piccioni, J McCarthy, F L Mason &amp; G L Dickens</b>	Predictive validity of the HCR-20 for inpatient aggression: the effect of intellectual disability on accuracy	Journal of Intellectual Disability Research. Vol 59, Issue 11, pp 1042-1054, November 2015	November
<b>Sen, P, Lindsey, S, Chatterjee, N, Rama-Iyer, R &amp; Picchioni, M</b>	An Audit of the quality of HCR-20 violence risk assessments in a Low Secure Service	Journal of Psychiatric Intensive Care	December
<b>Haw. C, Casey, D, Holmes, J &amp; Hawton, K</b>	Suicidal Intent and Method of Self-Harm: A Large-scale Study of Self-Harm Patients Presenting to a General Hospital	Suicide and Life-threatening behaviour. Vol 45, Issue 6, pages 732-746	December
<b>Haw. C &amp; Shears, J</b>	An Audit of Social Circumstances Reports for First-tier Tribunals in a Secure Psychiatric Service		December
<b>Malcolm, CP, Picchioni, M &amp; Ellett, L</b>	Intrusive prospective imagery, post-trauma intrusions and anxiety in schizophrenia	Psychiatry Research. Vol 230, Issue 3 Pages 899-904	December
<b>Heer, K., Larkin, M. &amp; Rose, J.</b>	The experiences of British South Asian carers caring for a child with developmental disabilities in the UK.	Tizard Learning Disability Review, 20, 4,228 -238.	Autumn '15
<b>Heer, K, Rose, J., Larkin, M. &amp; Singhal, N</b>	The experiences of mothers caring for a child with developmental disabilities: A cross cultural perspective.	International Journal of Human Rights in Healthcare, 8, (4).pp 218-232	Autumn '15

<b>Rose, J. &amp; Nelson, L.</b>	A Preliminary Exploration of the Challenging Behaviour Perception Questionnaire: A Measure of Parental Cognitions about Challenging Behaviour.	Journal of Intellectual and Developmental Disability.	In Press
<b>Outa, C. &amp; Rose, J.</b>	Is there a relationship between Role-Identity, work demands, and burnout in direct care staff working with individuals with intellectual disabilities?	Journal of Intellectual and Developmental Disability.	In Press
<b>Long, C.G, Afford, M, Harris, R &amp; Dolley, O</b>	Training in de-escalation. An effective alternative to restrictive interventions in a secure psychiatric service	Journal of Psychiatric Intensive Care	In Press
<b>Dolley, O, Gaylor, M &amp; Long, C.G</b>	Getting the most from your treatment. Motivating engagement in women in secure psychiatric settings	Journal of Forensic Nursing	Unknown
<b>Long, C.G, Butt, D, French, M &amp; Wimhurst, S</b>	Realising the potential of the Mental Health Treatment Requirements: A collaboration between probation and independent providers of Mental health and Social Care.	Journal of Psychiatric Intensive Care	Unknown
<b>Shears, J &amp; Maher, Sharon</b>	Social Work with people whose symptoms of psychosis have a somatic cause - reflections from practice		
<b>Staniforth, C. &amp; Griffin, Y.</b>	Young People in Forensic Mental Health Settings: Psychological Thinking and Practice - 'Intellectual disabilities' (Staniforth) and 'ASD' (Griffin)	Editors: A. Rogers, J. Harvey and H. Law. Chapters 12 and 13	2015
<b>Penny, C &amp; Exworthy, T</b>	Human rights in secure psychiatric care (2015)	Hand Book of Specialist Secure Inpatient Care London: Royal College of Psychiatrists. Gaskell Publications - Eds - Piccioni, Sugarman and Dickens	In Press
<b>Gralton, E &amp; Delmage, E</b>	Secure Mental Healthcare for Young People	Hand Book of Specialist Secure Inpatient Care London: Royal College of Psychiatrists. Gaskell Publications - Eds - Piccioni, Sugarman and Dickens	In Press
<b>Long, C.G &amp; Shine, J</b>	Specialist psychosocial treatment programmes.	Hand Book of Specialist Secure Inpatient Care London: Royal College of Psychiatrists. Gaskell Publications - Eds - Piccioni, Sugarman and Dickens	In Press
<b>Sen, P &amp; Morris, M</b>	Personality Disorder	Hand Book of Specialist Secure Inpatient Care London: Royal College of Psychiatrists. Gaskell Publications - Eds - Piccioni, Sugarman and Dickens	In Press
<b>Holloway, F, Kalidindi, S, Killaspy, H, Roberts, G, Kamath, S &amp; Mitchell, S</b>	Enabling Recovery: The principles and practice of rehabilitation psychiatry. London: RCPsych Publications. Chapters: 'Risk management and rehabilitation' - Mitchell, S. and Working with challenging behaviour - Mitchell, S. & Kamath, S.	RCPsych Publications.	In Press

<b>Dickens, G L, Sugarman, P, Picchioni, M &amp; Anagnostakis, K</b>	Hand Book of Specialist Secure Inpatient Care London: Royal College of Psychiatrists. Gaskell Publications -	RCPsych Publications	In Press
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